

## TRAVEL CLINIC



Holidays abroad, especially in exotic locations are becoming more common and there is an increasing demand for vaccinations.

In order for us to give you an efficient service, would you kindly please the attached form, hand it in at reception then make an appointment to see a Practice Nurse.

There will be **NO** charge made for a number of vaccinations recommended for travel abroad. The following is a list of the vaccines where **NO** charge is made:

- TETANUS
- DIPHTHERIA
- POLIO
- HEPATITIS A
- TYPHOID
- HEPATITIS B\*

\* ONLY AVAILABLE TO SPECIFIC GROUPS OF TRAVELLERS TO AREAS OF HIGH ENDEMICITY.

### **If required, there is a charge for the following vaccines:**

If you require YELLOW FEVER vaccination there is a charge of £80. The International Certificate is valid for ten years beginning ten days after the vaccination date, or in the event of revaccination, within a 10 year period from the date of the revaccination. Travelers are advised to retain the old certificate for 10 days until the new certificate becomes valid.

Hepatitis B	<b>£45 per vaccine</b> (primary course of 3 doses)
Meningitis ACWY	<b>£55 per vaccine</b> (single vaccine)
Cholera	<b>Free on the NHS</b>

Some malaria tablets can be bought over the counter at the Pharmacy whilst others are private prescription. The Practice Nurse will advise you. If a private prescription is required, there is a charge of £20.

**PLEASE NOTE THAT PAYMENT MUST BE MADE IN FULL AT THE FIRST TRAVEL CLINIC APPOINTMENT.**

Whilst some disease are vaccine preventable, it must be remembered that most health problems affecting travellers are not. Therefore please be careful about accident and injury prevention, food and water hygiene. Also protect yourself against bites and be aware of sexually transmissible diseases. You are strongly advised to take out adequate medical insurance.

If you have an existing medical condition and are worried about travelling, please make an appointment to speak with a doctor.

Sufficient prescription medicines should be obtained prior to travel. They should be clearly labeled and preferably in the original container with the chemist's label and carried in your hand luggage. In situations where the possession of even prescription drugs might be queried, or if the drugs themselves are unusual or need to be injected, it is advisable to carry a doctors letter to confirm they are needed.

If there is anything else we can help you with, please do not hesitate to ask.

We wish you a happy trip.